

THE SHAGGIN' SHEWS



INSIDE THIS ISSUE:

President's Message	Page 1
Marianna Hass	Page 2-3
Birthdays	Page 4
Recipes	Page 5
LNSC Info	Page 6
SOS At Sea IV	Page 7
Joys & Concerns	Page 8
Note from your editor	Page 9
The Swendenbergs	Page 10
Club Information	Page 11
Pictures	Page 12-16
Flyer	Page 17

2016 Officers

President	Pam Bundy
Vice-President	Taylor Duggins
Secretary	Tootsie Sexton
Treasurer	Wanda Cavin

Message from Your President

Happy May LNSC! We finally are rid of the cold, winter weather. I hope most of you were able to make it to Spring SOS. If not, start making your plans now for Fall SOS.

Jeff and I decided to camp this time. Our first at the beach. The weather was beautiful and we loved it. We went down on Wednesday and was there for the last weekend.

Our Pour Party on Friday afternoon, was once again, a great event. We had an awesome turnout. It is always so great to see all of our members together and welcome our visitors. It is not unusual to see shaggers/friends that only visit us two or three times a year, for our Pour Parties and Chicken Pickin. We even had a surprise visitor. Edward Dunbar, one of the lead singers with The Drifters, was at our party and sang for us. Nothing but the best for LNSC. (Actually, I am not sure why he was in town. I did not hire him, so your \$\$ are safe.)

The last Saturday of SOS brought beautiful weather and along with the weather, the Parade. I want to thank the Parade Committee, Pats Cohee, Kathy Sapp and Stella Duggins for a fantastic vision. The Committee, along with all of the LNSC Members that turned out, put on a wonderful showing. Thank you Richard Elmore and Donna Ross for the award winning sports cars. Thanks to all the golf cart owners and decorators, your carts looked amazing! Because of your hard work, we once again won 1st place in Best Club Vehicle division. We had so much fun and looked great doing it. I am so proud to be part of LNSC. What a team!

I attended the ACSC Meeting on Saturday morning, before the parade. I will give a report at our May meeting, to update you on all that was discussed. It was a good meeting with a lot of information. I also received our Fun Monday tickets. We will start selling those shortly.

As we head in to summer, mark your calendar for our annual Golf Tournament and Fish Fry to be held on the same day this year. Saturday, August 6. It will be a busy, fun-filled day. You do not want to miss it.

Remember, our meeting this month will be on Friday night, May 6, at 7PM. See you all there!

Pam Bundy

Save the Date: June 3rd

Come to Saluda, NC & support Saluda Historic Depot and have a night of "Beach

Music" with DJ Jeff Foster

Ward's Grill will be open until 6 and music will start at 7 on the deck at the Back Alley Barn.

We will dance the night away, have a few beers, have a chance with 50/50 and silent auction items

If you are camping, contact Orchard Lake Campground! There are several B & B's, Saluda Mountain Lodge & the Best "The Orchard Inn".

Here are some special discounts: Saluda Mountain Lodge 6 rooms 10%, 12 rooms 12%, 22 rooms 22% off. Regular rooms are \$139.00 and deluxe are \$149.00.

We will share the fun of the remake of Dirty Dancing Too!!

Hope to see you on 6-3-16

Marianna Hass

"Beach Music & Shaggin'"
With DJ, Jeff Foster
Low Country Boil
To Benefit Historic Saluda Depot
June 3, 2016 6pm to 10pm
at Back Alley Barn
Thompson's Store/Ward's Grill
24 Main Street, Saluda, NC, 28773



Wine and Beer
Cash Bar
Come and dance the
night away and help
raise funds for our
Depot.
Tickets in Advance \$20.
Reserve at
828-749-2321
Low Country Boil
begins at 6pm
Music Starts at 7pm



May Birthdays

Larry Ramsey	5/1
John Pluckhahn	5/1
Gary Mitchell	5/1
Sandy Wilson	5/3
Karen Giunta	5/3
Donna Ross	5/5
Martha Hager	5/6
David Berger	5/8
Nathan Sapp	5/9
TK Robinette	5/19
Roger Lemmond	5/21
Austin Scheibel	5/24
Sandy Hamilton	5/26
Shay Darden	5/28



Spinach Gruyere Quiche - Shay Thompson

1 tbsp. butter
8 oz. Gruyere cheese
3 c. half-and-half
.13 tsp. ground nutmeg
3 shallots
3 bunch flat-leaf spinach
Coarse salt and ground pepper
Pillsbury pie crusts in two 9-inch pie plates
8 large eggs

Directions

Preheat oven to 350 degrees, with racks set in upper and lower thirds. In a large skillet, heat butter over medium. Add shallots, and cook, stirring occasionally, until softened, 1 to 2 minutes. Add as much spinach to skillet as will fit; season with salt and pepper, and toss, adding more spinach as room becomes available, until wilted, 2 to 3 minutes.

Transfer spinach mixture to a colander. Press firmly with the back of a spoon to squeeze out as much liquid as possible. Divide spinach mixture and cheese between prepared crusts. Place each crust on a separate rimmed baking sheet.

In a large bowl, whisk together eggs, half-and-half, nutmeg, 1 teaspoon salt, and 1 teaspoon pepper. Dividing evenly, pour egg mixture into crusts. Arrange baking sheets on racks, and bake until center of each quiche is just set, 55 to 60 minutes, rotating sheets from top to bottom halfway through. Let quiches stand 15 minutes before serving.

Mushroom Beef - Shay Thompson

Stew beef 2 lbs. cut into bit size pieces
2 cans cream of mushroom soup
Jar of sliced mushrooms
1 package of dry onion soup
3/4 cup of red wine.
Mix all ingredients together. Bake at 300 for 4 hours or 350 for 3 hours.
Serve over buttered noodles with a side salad.

BAR-B-Que Rub - Joan Wolfe

2 med or 1 large Onion sliced
2 tsp Brown Sugar
1 tsp SMOKED Paprika
2 tsp Salt (I used Kosher)
Pinch Black Pepper
1 cup Cider Vinegar

Mix seasonings RUB ON BOSTON BUTT

Put sliced onions in crock pot....place meat on top....pour 1 cup Cider Vinegar.....set dial for 10hrs on SLOW. Mine was done in approx 8, my crock gets a little hotter than some...just check after 8 hrs.

NOTE FROM YOUR EDITOR

Deadline for the June newsletter is May 23rd . Send your articles, notes, and/or pictures to me at:

patsyfulle@att.net

Patsy Fuller

LAKE NORMAN SHAG CLUB

P.O. Box 2095

Cornelius, NC 28031

www.lakenormanshagclub.com

[Like us on Facebook - Lake Norman Shag Club](#)

Where to find information in the Shag World:

www.lakenormanshagclub.com

www.shagdance.com

www.shagtour.com

www.KeepShaggin.com

NSC Committee Chairs

Membership.....Carolyn Hopper

Webmaster.....Jean Rome - mjrome@bellsouth.net

Newsletter.....Patsy Fuller - patsyfulle@att.net

Joys & Concerns.....Glenda Brown

Chicken Pickin'.....Jim & Amanda Berry, Taylor & Carol Duggins, Terry & Carolyn Hopper

LAKE NORMAN SHAG CLUB

Lake Norman Shag Club was organized in 1983 to promote the ever-popular dance of the south, "The Shag."
Lake Norman Shag Club meets the 1st Saturday night of each month at Cowan's Ford Golf Club.

Directions: From I-77 Take Exit 25. Go west on Sam Furr Rd (Highway 73). Go past Cowan's Ford Dam; Turn right at the next light (Club Drive) 1 mile on the left. Address is 761 Club Drive. From Hwy 16. Take Hwy 73 East, go 2 miles, 2nd red light, turn left on Club Drive, 1 mile on the left.

Bill Cavin

Have you ever been to Hawaii, or if you have been, have you ever thought about going back? Maybe you should consider going. If you're reading this you must be a Shagger. Consider joining some of your Lake Norman Shag Club members on the ACSC Hawaii Cruise.

Last October over 40 LNSC members went on the ACSC Shag Cruise, and we all had a wonderful experience. This year a decision was made to go to Hawaii. There are about 80 Shaggers all signed up, and ready to go. Mack Robinette, Jo Beatty, Dean & Marilyn Whipp, and Bill & Wanda Cavin will be included in that number from Lake Norman. We'd love to have some other friends join us.

Some people are concerned with all the sea days. Well, that is when we'll be dancing. On the way over, and on the way back. Think about it. You wouldn't want to spend your time in Hawaii dancing all the time. You'd miss a big part of the Island experience. You'll wake up every morning in a new port. It doesn't get much better than that. Also, we'll be sailing from LA so you wouldn't have to worry about such a long flight.

See the attached flyer. The cruise rates are great, and some excellent air fare are available for a limited time. If you're interested let us know.



Departing Long Beach (Just outside Los Angeles) Saturday, Oct. 15, 2016

15-night trip going to Hawaiian Islands Visiting: Kahului,
Honolulu, Nawiliwili, Kona and Hilo and Ensenada, Mexico

ABSCDJ
Mike Harding

DISCOVER
HAWAII



**Prices below are per person
and include taxes and fees!**

Interior \$1,783.19

Balcony \$2,463.19

Ext. Balcony \$2,513.19

Prices for 1st 100 cabins only

**Pricing based on double occupancy
and availability.**

www.SOSatSea.com

**Contact Michael Graham/Cruise
Planners in order to enjoy our group
amenities, which include dances,
events, and a \$100 on
board credit for every cabin!**

843-732-2582



JOYS

Happy 47th Anniversary to Taylor & Carol Duggins on May 2nd!

Happy 43rd Anniversary to Dave & Donna Berger on May 12th!

Happy 33rd Anniversary to Mike & Sandy Wilson on May 28th!

Happy 32nd Anniversary to Rick & Sharon Simpson on May 26th!

Happy 30th Anniversary to Tim & May Johnston on May 24th!

Happy 14th Anniversary to Ron & Anita Lewis on May 4th!

CONCERNS

Joan Wolfe's brother who had a heart attack

Wanda Cavin's father who is having health issues

Benny Brown's brother Jack who's cancer has returned

Kathy Swartz who is battling health issues

Karen Giunta who has a broken foot

Jeff Surratt's brother Mike who has had some heart issues.

Pam Bundy's Mother still needs our prayers

Eddie Teeter who is having health issues

Bill Marks who is also having health issues

Patsy Fuller's brother Larry Helton who is continuing his fight with cancer.



Note from your editor....

Thank you to Shay Thompson, Joan Wolfe, Marianna Hass & Bill Cavin for the recipes & articles! Guys, I still need your favorite recipes/articles please! Guys if you have a favorite, please send it my way!

I will be sending out a special SOS edition of the newsletter that will only be pictures in the next few days!!!!

If you are not receiving my Shagaholic News that I send out each week of happenings in & around our area, shoot me an e-mail and I'll get you added to the list.

Remember -If you have anything you wish to see in the newsletter, please let me know & I'll be happy to add it!!

Shoot me an e-mail at patsyfulle@att.net to get your info in the newsletter

Thanks!
Patsy



I learned some very interesting things about the couple above at our last party! This is Carl & Jan Swedenberg. This is what is going on in their lives right now!

1. Great Grandson was born in February
2. Great Granddaughter is due in June
3. Another Great grandbaby is due in September
4. Their Grandson is graduating from the masters program in Dallas Texas the weekend of May 13-14
5. Their Granddaughter is getting married the same weekend! Thank God it is in the same city!!

Congratulations the Carl & Jan on a very exciting year so far!!!

THE SHAGGIN' SHEWS



MEMBERSHIP

LNCS currently has 170 members.

HAPPENINGS

The Landing May Schedule:

May 11th	Mike Felts
May 18th	Curtis Treece
May 25th	Donnie "Fish" Meadows

Gene Hensley

May 20th "Highlighters" Belmont Moose Lodge

Donnie "Fish" Meadows

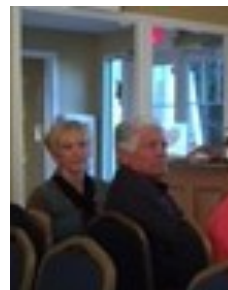
May 13th Bathtub Gin-Mooresville, NC

Curtis Treece

May 6th The "Loft" After party (Alive after 5)

WELCOME TO OUR NEW MEMEBERS

Eric & Joanne Rodriquez



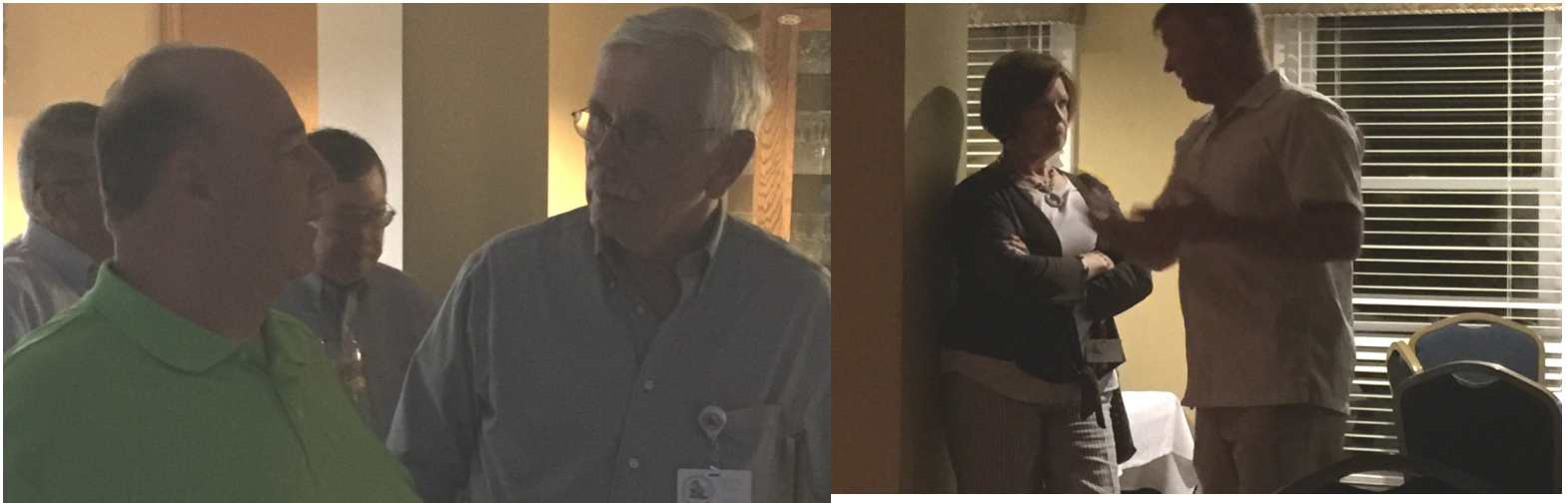
Welcome to our LNCS Family!
We are so glad you have joined us!!!

Next Meeting - May 6 - THIS IS A FRIDAY NIGHT

DJ— Jr. Norfleet

Bill Marks & Glenda Brown will be working the front desk welcoming everyone.

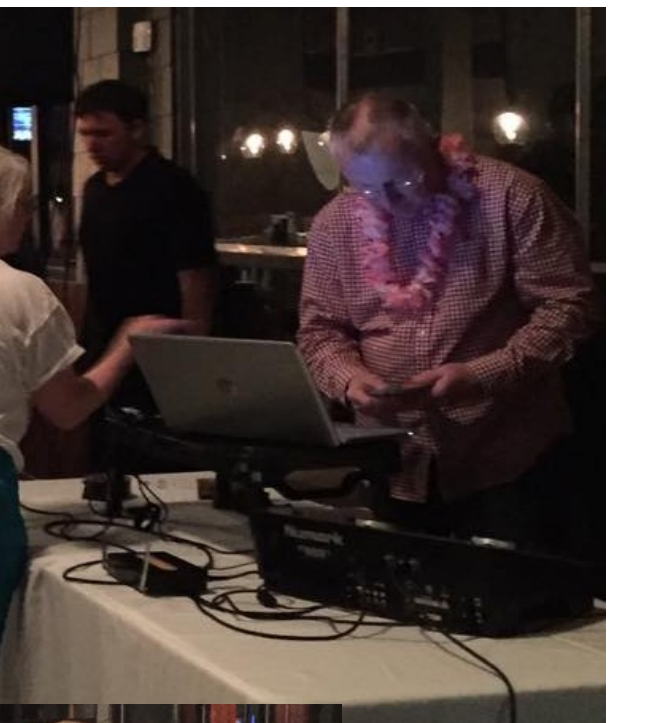








THE SHAGGIN' SHEWS





Shaggin' on the Boulevard

18th Anniversary

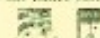
Charleston Area Shag Society

Charleston, WV

June 17-18, 2016



Through the National Shag Association, our dance club activities are licensed by



BLAST FROM THE PAST



TK & Mary Robinette- SHAG ICONS
Our first WORKSHOP Instructors- 1998



HALL of FAME DJ's

Butch Metcalf Larry Edwards

Door Prizes, 50/50, Basket Raffle



Friday Evening: Registration (6:30) Light Meal (7:00) Dancing (7:30-12:00)
Saturday Morning: Workshop - TK & Mary Robinette (11:00 AM)
Saturday After Workshop: - FREE Lunch & Dancing on the River Pavillion
Saturday Evening: Social (6:30) Heavy Hors d'oeuvres (7:00) Dancing (7:30-12:00)

Tickets \$55 per person \$65 after May 31st
Tickets are Non Refundable but may be Transferred

Courtyard Marriott , 100 Kanawha Blvd. E., Charleston, WV 25301 (304-344-5777) FREE shuttle service Friday and Saturday nights. CASS Rate (\$99 plus tax) until May 17, 2016. FREE parking.

Charleston Marriott Town Center, 200 Lee Street, Charleston, WV 25301 (304-345-6500). NO shuttle service. LIMITED AVAILABILITY. CASS Rate (\$115 plus tax). until May 30, 2016. FREE parking.

More Information:

E-Mail WVShagInfo@wvshag.com or call Shirley Lane (304-722-3637)

Mail Check and Form Below to CASS SOB 2016, P. O. Box 8942, South Charleston, WV 25303
Email confirmation

Name(s) _____ Tele: _____

Address: _____ City _____ State _____ Zip _____

of Tickets _____ @ \$55 or (after May 31, 2016 @ \$65) Amount Enclosed \$ _____

E-Mail Address _____ Club Affiliation _____