

SHAGGIN' SHEWS



VOLUME 14
ISSUE VOL 8
August 2024

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Next Meeting : Saturday , August 3rd , 2024

DANCE LESSON STARTING AT 6:00 PM.

MEETING FROM 7-8 with DANCE AFTERWARD

DJ: Donnie "Fish" Meadows



Club Information

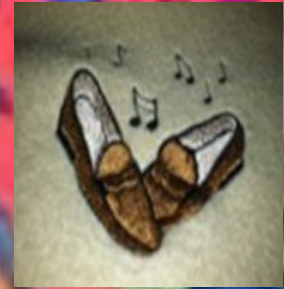


LAKE NORMAN SHAG CLUB

P.O. Box 21

Denver, NC 28037

www.lakenormanshagclub.com



SOCIAL MEDIA WEBSITES

▣ <https://www.youtube.com/channel/UCgHbaFhbW3hg9kO3wu6UB2w>

▣ <https://www.tiktok.com/@lakenormanshagclub>

▣ <https://t.snapchat.com/qbOMn9JY>

▣ <https://www.facebook.com/people/Lake-Norman-Shag-Club/100050820082652/> ▣ Instagram Coming Soon

2023 LNSC Officers

- Jeff Bundy...President
(bundy1jl@charter.net)
- John Stewart...Vice President
(jrstewart@bellsouth.net)
- Pat Hensley... Past President
(pat.hensley@hotmail.com)
- Michelle Stewart...Secretary
(mzstewart@bellsouth.net)
- Stella Duggins...Treasurer
(stella.duggins@gmail.com)
- Andrea Shook...Newsletter Editor/
Photographer
(andreamintz1988@gmail.com)
- Jr. Norfleet...Webmaster
(jrnorfleet@gmail.com)

LNSC Committee Chairs:

▣ **MEMBERSHIP:** MICHELLE STEWART

(mzstewart@bellsouth.net)

▣ **WEBMASTER:** JR. NORFLEET
(jrnorfleet@gmail.com)

▣ **JOYS and CONCERNS:**

ANDREA SHOOK

(andreamintz1988@gmail.com)



WELCOME

PLEASE WELCOME NEW
MEMBER:

Paul Homoly

President's Corner

Fellow Lake Norman Shag Club Members and Friends,

I thought June was hot but WOW the temperatures in July just kept rising! Fortunately our area has experienced some significant rain recently to cool things down a little. I hope everyone is having a great summer in spite of the heat. Stay safe when out doing chores or just having fun.

As you know from a recent email you received, we have had to make a few changes to our meeting schedule. Due to several conflicts with golf club events that would have had an impact on us and create challenges for the golf club staff, the board has agreed we need to make a couple of adjustments. We apologize for any confusion or issues this may cause our members. Our revised schedule is:

Saturday August 3rd - regular meeting and party with shag lesson

Saturday September 7th - Fish Fry

Friday October 4th - regular meeting and party

Saturday November 2nd - regular meeting and party

Friday December 6th - Christmas party

The 'LNSC Fish Fry' is Saturday September 7th. There is a flyer in this newsletter with more information. There will not be a club meeting in September. As noted on the flyer please contact Stella to let her know you are coming so the food and beverage staff can properly prepare. The weather should be a little more bearable so we hope to have a big turnout for our Fish Fry.

I want to thank all our members who volunteered to sell and/or purchased Fun Monday tickets. As you know any profits are donated to a number of organizations both local to the Myrtle Beach area (i.e. rescue squad, junior shaggers) as well as national organizations (i.e. Tunnels to Towers). Your willingness to sell and/or buy tickets helps support these great organizations. Many of you have already sold all your allotted tickets and turned in the monies. I hope everyone has been successful in selling their tickets. **PLEASE BRING ALL MONIES AND UNSOLD TICKETS TO THE AUGUST MEETING.** I am required to return the monies and any unsold tickets. **GOOD LUCK** to all who bought tickets!

President's Corner

We will soon be forming a Nominating Committee to reach out to our members to identify who may be interested in serving on our board in 2025. Please consider serving in one of the board positions and when the committee is announced please let them know.

The ACSC (Association of Carolina Shag Clubs) Nominating Committee has announced the slate of officers for the ACSC election. The candidates are Robin Morley from Sandy Beach Shag Club for Chairperson, Candy Long from Rock Hill Shag Club for Vice Chairperson, Becky Berry from Florence Shag Club for Secretary and Cecil Martin from Palmetto Shag Club for Treasurer. The election is during Fall SOS. More information about the election is on the ACSC web site.

Saturday August 3rd is our next meeting and party. We continue to look for ways to introduce shag and line dance lessons to our monthly event so we will try something different for August. **WE WILL BEGIN OUR REGULAR MEETING AT 6:00. WE WILL THEN HAVE SHAG LESSONS AT 7:00 AND PARTY AT 8:00.** Our instructors this month will be Gary and Bernadette Becker & Peggy Yountz.

A short personal story. Pam and I recently had the opportunity to visit my 90 year old aunt who lives in Newport News Virginia. She is the last surviving relative from my mother's side of the family and we have not seen each other for many years. We agreed we both shared responsibility for not keeping in touch. She is in good health living independently in a retirement center. I had a wonderful time as we talked about the past, tried to catch up on all the events over many years and just enjoyed each other's company for a few hours. On the drive home I thought about the pictures she gave me of my mother as a small child, the stories we shared, how great it was to see her and how I will never get back the years we were not keeping in touch. The moral of this story is every day matters, reach out to family and friends while you can and never assume you can wait till tomorrow. Thanks for letting me share my little story.

Remember all those who need our prayers and support.

Pam and I hope to see you on the dance floor!

Jeff



Membership Update

Hi Everyone,

First, I would like to thank all of you for your outpouring of love and prayers for John. It has been quite a month for us and a reminder to hold those you love close and cherish every minute because life changes quickly. More on that below.

We gained a new member in July, Paul Homoly. Please welcome Paul when we hopefully see him at the August meeting. Our club membership is currently 179. Besides our new member we had 2 members renew their membership. It is never too late.

Your board has several exciting events scheduled: dance lessons at our August meeting, the return of the Fish Fry in September. Please see the Fish Fry flier for details. We hope to see you at the monthly parties.

(John and) I will see you Saturday night. (I am hoping that John will be up to joining us.) On June 17, John had a very successful lumbar surgery to relieve the pressure on his sciatic nerve. He enjoyed being pain free for about one week and then he started having some complications. First a soft tissue infection that put him in the hospital from June 29 - July 6. We thought he was done with hospital stays but, on July 16 we went back to John's PCP for a fever. They did blood work and called us at 8 pm on Tuesday July 16 telling us that he needed to immediately go to the ER as his sodium level was dangerously low, 117. He was in CCU at Atrium Health Lincolnnton until July 12 and then in a regular room July 12 and 13. He was discharged on Sunday July 14th. He has home health coming for nursing, PT and OT. He is slowly regaining strength. We appreciate and have felt all your prayers. As John tells people, life can change on a dime .

I very much look forward to seeing you all on Saturday August 3rd at 6 pm for the meeting, 7 for the dance class and 8 for our party!

Those of you who have not been to a meeting, you may RE-UP by mail by sending your \$25 (pp) check, payable to Lake Norman Shag Club, to:

Lake Norman Shag Club
Stella Duggins, Treasurer
PO BOX 21
Denver, NC 28037

Best regards,
Michelle
LNSC SECRETARY
MEMBERSHIP COMMITTEE
Mzstewart8034@gmail.com



Editor's Letter

The Olympics: A Global Celebration of Sport and Unity

The Olympics, a grand spectacle of athletic prowess and international camaraderie, represent more than just a series of sporting events. They are a global celebration of human achievement, unity, and the enduring spirit of competition. Held every four years, the Summer and Winter Olympic Games bring together athletes from across the world to compete, inspire, and connect.

The origins of the Olympics trace back to ancient Greece, where they began as a religious festival honoring Zeus in Olympia around 776 BC. These early games were not just about athletic excellence but were intertwined with cultural and spiritual significance. They were a time for Greek city-states to cease hostilities and come together in peaceful competition. This spirit of unity and peace remains a core principle of the modern Games.

Revived in 1896 by Pierre de Coubertin, the modern Olympics have evolved into a global event that transcends sports. The Games are now a platform for athletes to showcase their skills on an international stage, often pushing the boundaries of human performance. From swimming and athletics to gymnastics and skiing, the range of sports highlights the diversity of athletic talent and encourages excellence in every discipline.

The Olympic Rings, representing the union of continents and the coming together of nations, are emblematic of the Games' core values: excellence, friendship, and respect. The torch relay, another iconic symbol, embodies the continuity of tradition and the passing of the Olympic spirit from one host city to the next. Beyond the athletic competitions, the Olympics foster a sense of global unity and cultural exchange. They offer a unique opportunity for nations to come together, celebrate diversity, and witness the triumph of the human spirit.

Hosting the Olympics can have a profound impact on a city and its country, driving economic growth and cultural exchange. The influx of tourists, media attention, and infrastructure development often leave a lasting legacy. However, the Games also pose challenges, including financial costs and logistical complexities, which cities must navigate carefully.

In essence, the Olympics are more than just a series of athletic contests; they are a celebration of human potential and global unity. They remind us of the power of sport to bridge cultural divides and inspire individuals across the world. As nations come together every four years to witness feats of athletic excellence, they also reaffirm the shared values that unite us all.

Peace, Love, and Blessing To All of You.
Andrea



Birthdays and Anniversaries

BIRTHDAYS

Vicki Al-Hussaini: 8/1

Kay Schieren: 8/1

Andrea Shook: 8/5

Darrell Mayhew: 8/5

Gary Howard: 8/8

Shirley Ramsey: 8/14

Ben Routh: 8/16

Peg Allen: 8/19

John Carpenter: 8/22

Curtis Treece: 8/25

Amy Bolen: 8/31

Donna Tucker: 8/31

ANNIVERSARIES

Lee and MaryAnn Barnett:
8/5/1972

Jim and Amanda Berry:
8/9/1969

John and Cindy Forlidas:
8/24/1985

Gary and Sherrie Howard:
8/16/1968

Nathan and Kathy Sapp:
8/10/1986

Dave and Tootsie Sexton:
8/16/1969

Joys and Concerns

JOYS

IT'S MY BIRTHDAY MONTH

CONCERNS

- ⇒ Tommy Wallace: Doing Better but is still not well. Also he lost his only brother recently
 - ⇒ Donnie and Sue Warren
- ⇒ Donnie and Del Meadows- Continued Prayers for their Son's Recovery
- ⇒ Randy and Beverly Byers- Son-in-law, Josh, had surgery and needs prayers

DJ Schedule

Genuine Gene Hensley

8/3: Moore Area Shag Club-
Pinehurst

8/7: Tarheel Shaggers

8/10: Statesville Shag Club

8/15: Charlotte Shag Club

8/16: Winston Salem Shag Club

8/17:Lincolnton Shag Club

8/18: Two Rivers Shag Club-Jr.
Shagger's event

8/24: Mountain Shag Club-
Hendersonville



Donnie "Fish" Meadows

8-3 LNSC

8-8 Fresh Chef

8-16 Elks Lodge-Newton



DJ Curtis Treece

8/10: Gaston Shaggers- Belmont

8/28: Tarheel Shaggers-Swanee Theater
Kannapolis, NC



August 3, 2024 – Lake Norman Shag Social

Normal meeting will begin at 6:00 pm.

Lake Norman will have a Shag Lesson from 7:00 pm to 8:00pm.

Free for members.

Guests are \$10.00 which includes your fee for the social dance at 8:00 pm.



Dance instructors are Gary & Bernadette Becker along with Peggy Yountz. They teach at Verdict Ridge. They also were former students of T.K. Robinette and Patty McIlroy. Small world!!! We are looking forward to having them teach a “Basic” shag step for us. Come and enjoy!!!

ACSC SPIRIT DAY

**SHARE
THE
SPIRIT!**

**Thursday
September 19th**
During SOS Fall Migration

**Wear Shag Club shirts, SOS,
HOFF, Club shirts (Arcade,
Harold's Ducks, etc). It would
be awesome to see some of
the early SOS T-Shirts!**

It will be a day of Celebration!

SPRING SOS SHIRT

HEY EVERYBODY, HOPE YOU ALL ARE DOING WELL. I WANTED TO LET YOU KNOW THAT BELOW IS THE BEAUTIFUL DESIGN OF THE SPRING SOS SHIRT.

LOTS OF LOVE TO EVERYONE
PAT



SOS - Pour Party

September 20th

3 - 5 pm

Donations Welcomed...

We currently have \$276.00 in donations. Thank you to all that have donated.



OD ARCADE
& LOUNGE



Chicken Pickin' 2025

Committee Chairs

Registration: Patti Quinn & Pat Hensley

T-Shirts: Michelle & John Stewart

Snacks: _____

****Krispy Kreme online order needed for Friday Night- Snack Chair in charge****

Decorations: Angie Robinette

Best Winch & Best Pirate Costume: _____

Half & Half: _____

Mystery Surprise Raffle: _____

Auction: Taylor & Carol Duggins

Shag Dance Step: Chad & Stella Duggins

Line Dance Instruction: Chris Perrell & Sandi Surratt

Bingo Night Game: _____

Thurs./Fri. Free Shots: Roger & Robin Stump

Thank you to everyone who has volunteered. We still need to fill the items in red. If you have any questions regarding the duties of the above committees, please feel free to contact Clay, Angie or Mary Robinette. Also, Chad & Stella Duggins will be glad to assist.

Thank you,
Chicken Pickin' 2025 Board



Chicken Pickin' 2025 T-Shirts for sale ARGH!!!!

Name: _____

Style 1: Short Sleeve - Unisex - Soft Blend – 65 poly / 35 ring spun

Small – XL \$ 20.00 2XL \$ 22.50 3XL-5XL \$23.50

Style 2: Short Sleeve - Unisex V-Neck - Soft Blend – 65 poly / 35 ring spun

Small – XL \$ 20.00 2XL \$ 22.50 3XL-5XL \$23.50

Style 3: Long Sleeve – Unisex – 50/50 cotton & poly

Small – XL \$ 20.00 2XL \$ 22.50 3XL \$23.50

Style 4: Crew neck Sweatshirt – Unisex – 50/50 cotton & poly

Small – XL \$ 25.00 2XL-3XL \$ 30.00

Please specify below what style, sizes and total paid:

Style:	Style:	Style:	Style:
Size:	Size:	Size:	Size:
Price \$	Price \$	Price \$	Price \$

Total Paid: \$ _____

Checks payable to Lake Norman Shag Club, Attn: Stella Duggins, Po Box 21, Denver, NC 28037

LAKE NORMAN SHAG CLUB

CHICKEN PICKIN' BY THE SEA



February 13, 14, 15 | 2025
OD ARCADE & LOUNGE
North Myrtle Beach, SC

TIME

DJ'S & SPECIAL EVENTS

Thursday
13

5:00pm - 8:00pm
5:00pm - Until
8:00pm - 11:00pm

Gene Hensley
Special Shots Til Last Drop
Buck Crompton

Silent Auction

Friday
14

3:00pm - 4:00pm
4:00pm - 7:30pm
4:00pm - Until
6:30pm - 8:00pm
7:30pm - 11:00pm
10:00pm

****Wear your Pirate T-Shirts****
Line Dance w/ LNSC's Chris Perrell & Sandi Surratt
JR Norfleet
Special Shots Til Last Drop
Chicken Pickin Dinner
Donnie "Fish" Meadows & Daddy George
Dueling D.J. Experience-ARGH!!!
"Hot" treat

50/50

Saturday
15

2:00pm - 5:00pm
2:00pm-3:30pm
3:30pm - 5:00pm
5:00pm - 8:00pm
6:30pm - 8:00pm
8:00pm
8:00pm-11:00pm
9:30pm
10:00pm
10:15pm

**** Pirate & Wench Best Costume Contest****
Phil Long
Shag Workshop w/ LNSC's Chad & Stella Duggins
****Bingo Night - Get a Card & Dance, Dance, Dance****
Prizes to be given for Male & Female Bingo Winners
Curtis Treece
Dinner
Best Pirate & Wench Costume contest winners announced
Johnny "B"
Auction & Mystery Raffle Close
50/50 Closes
Announcements for Auction, Raffle, & 50/50 winners

Saturday Night

Mystery "Treasure"
Raffle
\$10.00
per ticket

**** Questions or Comments to www.lakenormanshagclub.com or contact Angle Robinette (704) 607-3243****

Name _____ # of Tickets @ \$75.00 _____

Please Print and write additional names on the back of this flyer.

Address _____

Email Address (for confirmation) _____

Phone # _____ Primary Shag Club _____

Make check payable to LNSC and mail to:

Lake Norman Shag Club
Attn: Stella Duggins
P.O. Box 21
Denver, NC 28037



Through the National Folk Dance Assn.,
this event is licensed by:



SESAC





Lake Norman Shag Club Artwork for Sale

Two Sizes available:

14 x 11 - \$20.00

18 X 14 - \$25.00

*Proceeds will be allocated towards our Pour Parties.
Available at LNSC social meetings only. Cannot mail.*