LAKE NORMAN SHAG CLUB

THE SHAGGIN' SHEWS

Volume 9 Issue 9
September 2019

INSIDE THIS ISSUE:

President's Message	Page 1
CP/Patti Quinn	Page 2
CP/Stella & Carol	Page 3
Recipe/Marilyn Whipp	Page 4
Birthdays	Page 5
Joys & Concerns	Page 6
Editor	Page 7
Club Happenings	Page 8
Club Info	Page 9
Pictures	Page 10-12
T-Shirt Flyer	Page 13
Hoodie Flyer	Page 14

Hello LNSC,

Welcome to September. It looks like Dorian is coming for a visit. I sincerely hope she's just passing by. We all want our paradise to be left unscathed!

September also brings Fall Migration. As always, our Pour Party will be the second Friday of SOS. Bill Cavin will have sign up sheets at our meeting on Saturday. (Hope he remembered to alert his secretary!) He will also be accepting donations for the Pour Party.

The next couple of months will bring elections for the 2020 Board. If you are asked to run for office, please give it careful thought. If you're interested in running, please let a Board member know.

Our annual Christmas Party will be December 7. Your cost will be $15 per person. The menu will remain the same, prime rib, ham, potatoes, salad, green beans, bread and dessert. Please let Marianna know if you are planning to attend.

I hear from The Blondes that the Chicken Pickin plans are coming along. It's gonna be another great one!!!

Jr Norfleet is having a special birthday bash at Lynn's on October 26. We are all invited!

Jr is also the DJ at LNSC Saturday night. Donnie and I will try to teach the dance step.

Hope to see you all there!

Del

2019 Officers

President	**Del Meadows**
Vice-President	**Pat Hensley**
Secretary	**Patti Quinn**
Treasurer	**Marianna Hass**

Chicken Pickin 2020 Silent Auction Update and Request!

Shay Thompson and I are working together on the silent auction for **Chicken Pickin —MARGARITAVILLE 2020!** We have already acquired some fantastic items and are looking to find a few more to add to the mix.

We have a request from the membership: For those of you that are attending Fall SOS and would consider donating a gift card for our gift card tree….we are looking for donated gift cards from various vendors in Myrtle Beach.

Amounts may vary according to your generosity—$10, $15, $20, or MORE—you decide! Here are some vendor suggestions for you: OD Arcade, Ducks, Fat Harolds, Pirates Cove, Spanish Galleon or any of your favorite restaurants or stores at the beach. **NOT going to SOS????** Choose a gift card from your favorite restaurant in our area or one from a chain. Be creative…

Dick's, Costco, Sams Club, Car Wash, Publix, Harris Teeter….the list is endless and only limited to YOUR imagination and GENEROSITY!

I will be happy to write you a Tax Receipt for your donation to **Chicken Pickin—MARGARITAVILLE 2020!!!**

Any questions—Call Patti Quinn 717-572-9222 Cell or email me! pcquinn55@gmail.com

Thank you in advance to the BEST SHAG CLUB EVER!

T-Shirts for Chicken Pickin'

It's that time again. We have the flyers loaded onto the website for all to see. We have a Super Exciting Addition!!!.....we have added a zip up hoodie that Only has our Shag Club logo on the front chest. Please make sure you review both flyers and read the sizing closely as we have changed vendors. Also, we are not going to sell shirts nor sweatshirts during the party this year. So, make sure to get your order in before the cut off time. Also, I will have printed copies and shirt samples at the meeting.

Thank you,
Stella Duggins

February and Chicken Pickin will be here sooner than we think. One of the biggest hits each year is the liquor/wine wagon and every year each one of us hopes to have our lucky number drawn. One reason for the success, is the generous donations from our members. There will be a signup sheet at the Sept meeting to choose the beverage you would like to donate.

Carol Duggins

Paleo Peach Crumble (GF) - Submitted by Marilyn Whipp

Prep Time 5 mins

Cook Time 30 mins

Total Time 35 mins

Servings: 6 +

Author: Dominique | Perchance to Cook

Ingredients

5 cups diced peaches (peeled) (this was 3 large peaches for me)
2 Tbs honey
1 Tbs lemon juice
2 cups almond flour
1 tsp cinnamon
1/4 tsp nutmeg
1 Tbs melted coconut oil
1/2 cup maple syrup

Instructions

1. Preheat the oven to 375 degrees.
2. Grease an 8x8 inch square pan. (Use a glass pan because it heats the fruit up faster)
3. Place the peeled and diced peaches on the bottom of the pan. Top the peaches with 2 Tbs of honey and 1 Tbs of lemon juice. Mix the peaches around with a spoon so that the honey and lemon becomes evenly mixed into the peaches.
4. In a separate bowl, mix the almond flour, cinnamon, and nutmeg together with a fork and set aside.
5. In another separate bowl, mix the melted coconut oil and maple syrup together with a fork until well mixed.
6. Pour the coconut oil/maple syrup mixture on top of the almond flour mixture and mix with a fork until clumps form and there are no real "dry" areas of the mixture left.
7. Evenly pour the almond flour mixture on top of the fruit in the pan. Using a fork, distribute the almond flour topping across the peaches, forming a "crumble" texture.
8. Bake for 30 minutes or until the crust is crisp and the edges are lightly golden.
9. Eat warm or cold.
10. Enjoy

September Birthdays

Stella Duggins	9/2
Susan Godfrey	9/2
Mike Felts	9/5
Doug Thompson	9/5
Ron Lewis	9/6
Patti Quinn	9/8
Jone Coates	9/12
Don Williams	9/12
Junior Little	9/14
Ronnie Gregory	9/15
Sheila Samole	9/17
Randy Godfrey	9/19
William Randall	9/20
Mack Robinette	9/20
George Dunn	9/23
Kelly Davis	9/23
Jo Beatty	9/25
Donna Berger	9/25
John Hass	9/25

Joys

Happy Anniversary:

Don & Julia Williams 52 years on 9-2
Danny & Lou Thompson 45 years on 9-15
Danny & Shay Thompson 37 years on 9-25
Jeff & Pam Bundy 35 years on 9-6
Bill & Wanda Cavin 18 years on 9-29
Gil & Lynn Algier 9 years on 9-4

Concerns

Our thoughts & prayers go out to:

Marianne Hass on the loss of her Mother.

Jim Leonard who is recovering from Gallbladder surgery

Marianne Hass recovering from Knee replacement

Glenda Brown recovering from surgery on her broken arm

Johnnie Shue recovering from knee surgery

Jr Norfleet who is experiencing some health issues

Pam Bundy's mother (Helen Wood) who is still in need of our prayers.

Also, continue to remember our members who have lost loved ones in the past several months, they are still in need of our prayers.

Note from your editor….

Thank you to Marilyn Whipp, Stella & Carol Duggins, Shay Thompson for the articles & recipes for the newsletter this month!

Remember –If you have anything you wish to see in the newsletter, please let me know & I'll be happy to add it!!

Shoot me an e-mail at **patsyfulle@att.net** to get your info in the newsletter

Thanks!
Patsy

NOTE FROM YOUR EDITOR

Deadline for the October newsletter is September 23rd . Send your articles, recipes, notes, and/or pictures to me at:

patsyfulle@att.net

Patsy Fuller

LAKE NORMAN SHAG CLUB

P.O. Box 2095

Cornelius, NC 28031

www.lakenormanshagclub.com

Like us on Facebook- Lake Norman Shag Club

Where to find information in the Shag World:

www.lakenormanshagclub.com
www.shagdance.com
www.shagtour.com

LNSC Committee Chairs

Membership……Patti Quinn **quinn1015@comcast.net**

Webmaster……Jr Norfleet jrnorfleet@gmail.com ; Alan Williams AW4090@aol.com

Newsletter……Patsy Fuller – patsyfulle@att.net

Joys & Concerns…..Glenda Brown glendapivot@gmail.com

Chicken Pickin'……Steve & Vickie Smith, Mike & Sandy Wilson, Gene & Pat Hensley, Dean & Marilyn Whipp (AKA THE BLONDES)

LAKE NORMAN SHAG CLUB

Lake Norman Shag Club was organized in 1983 to promote the ever-popular dance of the south, "The Shag."
Lake Norman Shag Club meets the 1st Saturday night of each month at Cowan's Ford Golf Club.

Directions: From I-77 Take Exit 25. Go west on Sam Furr Rd (Highway 73). Go past Cowan's Ford Dam; Turn right at the next light (Club Drive) 1 mile on the left. Address is 761 Club Drive. From Hwy 16. Take Hwy 73 East, go 2 miles, 2nd red light, turn left on Club Drive, 1 mile on the left.

MEMBERSHIP

LNSC currently has **161** members.
Have you re-upped??? If not, do it today!!!

HAPPENINGS

Donnie "Fish" Meadows		
	Sept 6th	High Briar, Mooresville
	Sept 21st	Saville's on 2nd, NMB SC
Gene Hensley		
	Sept 4th	Hilltop Oyster Bar
	Sept 6th	Boone Shag Club
	Sept 9th	73 And Main, Mt. Pleasant
	Sept 13th	Zodiac Club
	Sept 25th	Hilltop Oyster Bar
Curtis Treece	Sept 7th	Lynn's Dance Club
	Sept 15th	OD Arcade 5-9
	Sept 21st	OD Arcade 12-5
Jr Norfleet	Sept 7th	LNSC
Tommy Samole	Sept 13th	OD Arcade 12-5
	Sept 14th	Monroe Shag Club
	Sept 15th	OD Arcade 12-5
	Sept 20th	Finish Line

Lake Norman Shag Club New Members:

Welcome to the LNSC Family!

September 7th

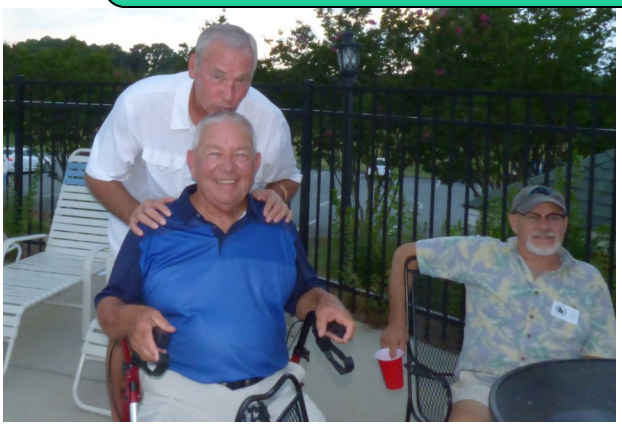
Jr Norfleet will be the DJ

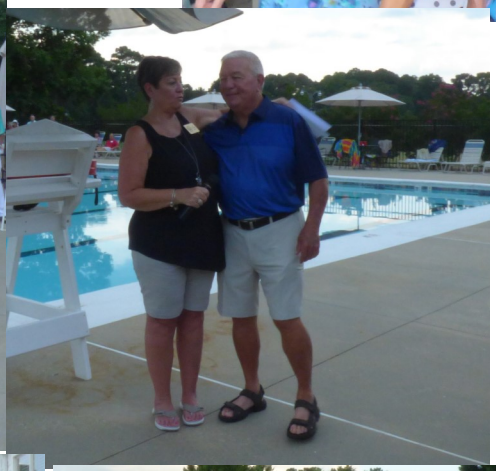
Dave Berger & Rose Lindsay will be greeting at the door

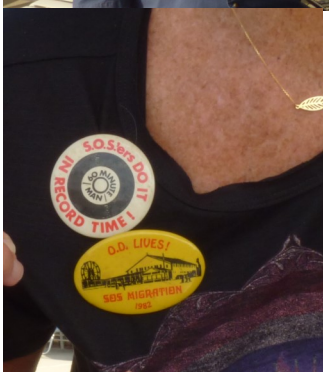
October 5th

Roger Holcomb will be the DJ

Taylor & Carol Duggins will be greeting at the door






S.O.S'ers DO IT
IN RECORD TIME !
O.D. LIVES !
SOS MIGRATION

NO D
ALLO

Pre-Order Form for Shirts 2020

(Deadline for Pre-Orders: January 10, 2020)

Name: _____

_____

Men's Short Sleeve T-Shirts - (Runs one size smaller) (60% Combo-40% Poly) Color: Heather Charcoal
Small-X-Large: $15.00 / 2XL-3XL: $18.00
(Write in Quantity under the Size)

S	M	L	2XL	3XL

Women's V-Neck Short T-Shirts – (Men's sizing and V-Neck cut) (60% Combo-40% Poly) Color: Heather Charcoal
Small-X-Large: $ 15.00 / 2XL-2XL: $18.00
(Write in Quantity under the Size)

S	M	L	2XL

Men's Long Sleeve T-Shirts – (Runs one size smaller) (60% Combo-40% Poly) Color: Heather Charcoal
Small-X-Large: $18.00 / 2XL-3XL: $20.00
(Write in Quantity under the Size)

S	M	L	2XL	3XL

Baseball T-Shirt – ¾ length –(Unisex) (50% Poly-25% combo-25% rayon) Color: Heather White/Tahiti Blue
Small-X-Large: $18.00 / 2XL-3XL: $20.00
(Write in Quantity under the Size)

S	M	L	2XL	3XL

Crew Neck Sweatshirt (Unisex) (80/20 Fleece) w/Front Hand Pocket – Color: Heavy Metal
Small-X-Large: $20.00 / 2XL-3XL: $22.00
(Write in Quantity under the Size)

S	M	L	2XL	3XL

Total Due: $	

www.lakenormanshaoclub.com

Checks Payable to:
Lake Norman Shag Club - Attn: Chicken Pickin' T-Shirts
LNSC, P.O. Box 2095, Cornelius, NC 28031

Pre-Order Form for Lake Norman Shag Club

Zip Up Hoodies 2020

(Deadline for Pre-Orders: January 10, 2020)

Chicken Pickin' Committee wanted to do something special. Above is a light-weight zip up hoodie that will have the Lake Norman Shag Club logo only on the front left chest area.

These are Unisex sizes.

Color: Heather Charcoal

Small-X-Large: $22.00 / 2XL-3XL: $24.00

(Write in Quantity under the Size)

S	M	L	2XL	3XL

Total Due: $	

Checks Payable to: Lake Norman Shag Club * Attn: Chicken Pickin' T-Shirts
LNSC, P.O. Box 2095, Cornelius, NC 28031
www.lakenormanshagclub.com